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# **Video Contribution Guidelines for IAW Vlog Commemoration Beijing +25**

Thank you for being a part of the Beijing +25 celebration! We are collecting a series of vlogs from our IAW affiliates and associates as well as individual members to raise women's voices at the global level.



## **Instructions:**

- 1. The video should be no longer than 90 seconds.
- 2. Use a phone or a laptop to record. For those using their phone, make sure the video is landscape or horizontal.
- 3. Contributor should sit facing the light source and NOT behind it to prevent dark shadowy shot.
- 4. Contributor should be angled to either the right or left of the shot.
- 5. Videos should be in either English or French

# Contributors should start by saying: "Happy birthday Beijing +25"

### Please answer the following questions in your video using the example format below:

- 1. Name (My name is....)
- 2. Job title/Organization/Country (I am the of the organization in Lagos, Nigeria)
- 3. How has the Beijing +25 agenda been realised in your country? What remains to be done?
- 4. What have been some of the challenges and setbacks encountered? How have these affected you or your organisation?
- 5. What achievements have been made at the national level? How have you or your organisation contributed to or been affected by these achievements?
- 6. Any other relevant information?



How your vlog should look

#### **SUBMISSIONS**

- 1. Please email your videos to: iawbeijingvlogs@gmail.com
- 2. Deadline for video submission is **SEPTEMBER 30 2019**
- 3. If you have any videos or pictures either from Beijing or any affiliated events that speak to your submissions, please add them to enhance the vlog.

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