



INTERNATIONAL ALLIANCE OF WOMEN  
ALLIANCE INTERNATIONALE DES FEMMES

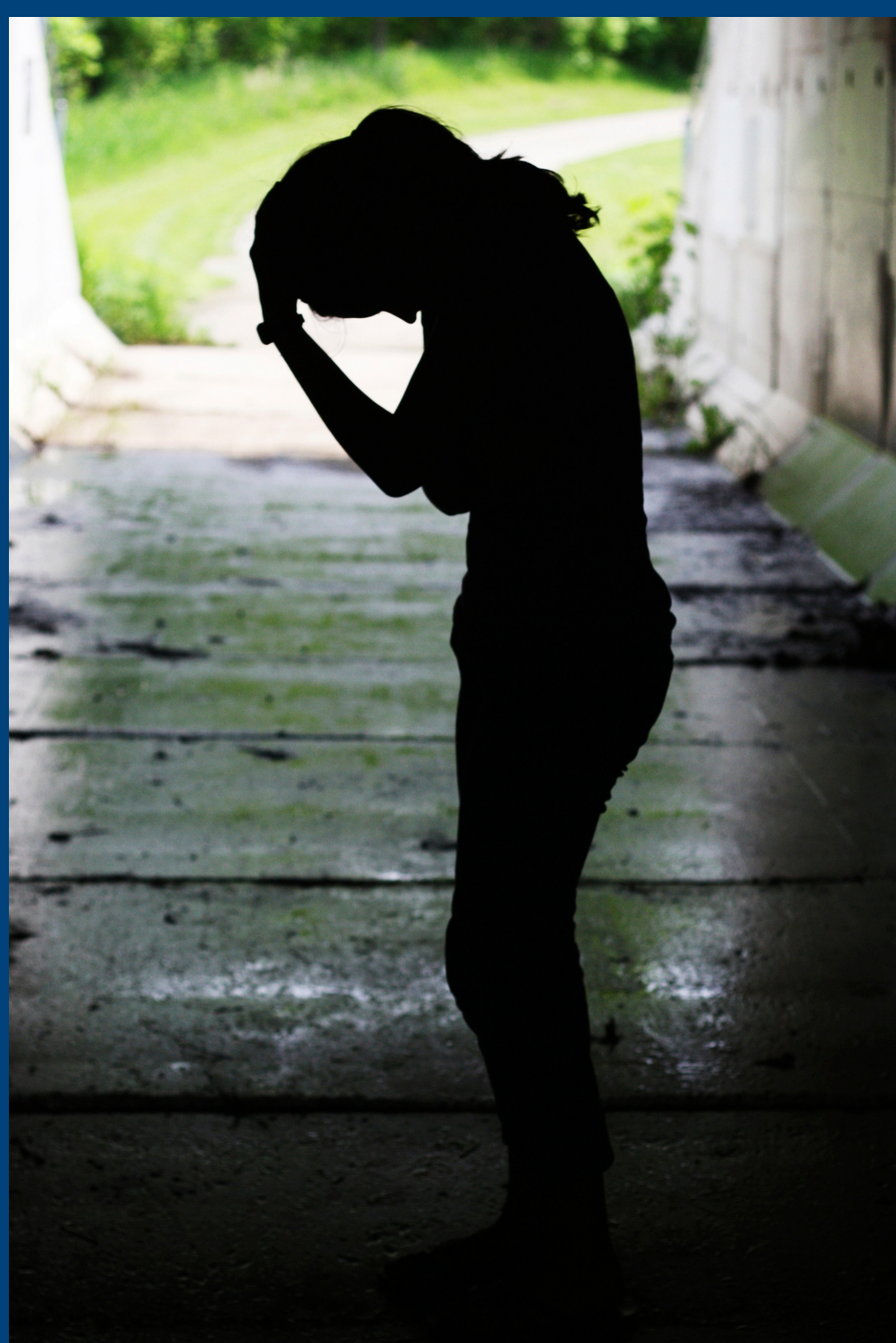
NCJW<sup>®</sup>

National Council of Jewish Women  
San Francisco Section



UNITED NATIONS COMMISSION ON THE STATUS OF WOMEN NGO FORUM

## Alone: Building Paths from Loneliness to Connection and Belonging



Presented by:

National Council of Jewish Women  
San Francisco

Co hosted by:

The International Alliance of Women

Tuesday, March 15, 2022 via  
Zoom

9:00 am - 10:30 am PST

12:00 pm - 1:30 pm EST

During the pandemic, loneliness has had a disproportionate impact on girls and women whose mental health has suffered tremendously. Depression, anxiety, suicide have become alarmingly prevalent. How can we build paths to connection and belonging? Engage with community leaders to discuss building resilience to loneliness among, seniors, and children and young adults, and survivors of gender-based violence. Sponsored by the National Council of Jewish Women San Francisco in cooperation with the International Alliance of Women, this session will engage participants to develop strategies relevant to their contexts.

**Register In Advance At:**  
**<https://bit.ly/3r3ozjc>**

# Speakers & Biographies



## **Marion Böker, Acting President, International Alliance of Women**

Marion Böker is Vice President of the International Alliance of Women (IAW) and, currently Acting President, represents IAW's European Membership in the Board of the European Women's Lobby. She is a human rights and gender budgeting expert consulting international. 2004 she established Consultancy on Human Rights & Gender Issues to work as an independent expert with a strong focus on Human Rights, women in peace processes (WPS 1325), alliances building, change as budget reforms to implement Gender & Human Rights Budgeting . She forwards complaints for individuals and groups under Human Rights Treaties or mechanisms and makes intervention in politics.



## **Gwen Harris, MA, Seniors at Home, JFCS**

Gwen Harris, Geriatric Care Manager with the Palliative Care Program, Seniors At Home. Gwen has a MA in Gerontology and a FT in Thanatology– the study of death and dying. She also trains volunteers for Seniors At Home Palliative and End of Life care program. She interned with the “Living After Loss” and the Zen Hospice Project. Gwen co-authored a chapter on Death and Dying in the book Care Managers: Working with the Aging Family, was a guest editor for the Journal of Geriatric Care Management: End of Life Care and wrote an article entitled "Palliative Care and Geriatric Care Managing".



## **Ellie Pelc, PsyD, Jewish Family & Children's Services**

Dr. Ellie Pelc is Associate Clinical Director at Jewish Family and Children's Services' Center for Children and Youth. She is a licensed clinical psychologist with specialized training in infant/early childhood development, attachment, anxiety, ADHD, and adoption issues. Dr. Pelc applies evidence-based practices using cognitive-behavioral, family systems, and play techniques to help rebuild and repair family connections. She also conducts psychological evaluations to assess cognitive, attention, and behavioral functioning. A graduate of Washington University in St. Louis, she earned her doctorate at PGSP—Stanford PsyD Consortium at Palo Alto University with postdoctoral training at Children's Hospital and Research Center and predoctoral training at WestCoast Children's Clinic in Oakland.



## **Dr. Emily Murase, PhD, NCJW, IAW**

For over 15 years, Dr. Emily Murase served as Director of the San Francisco Department on the Status of Women where she pioneered policies to advance the San Francisco CEDAW Ordinance, the first local legislation in the world to reflect the principles of the UN Convention on the Elimination of All Forms of Discrimination. As a twice-elected member of the San Francisco Board of Education, she championed trauma-informed strategies in education. Currently, she serves as Executive Director of the San Francisco Japantown Task Force, Inc. to promote and preserve one of the last remaining Japantowns in the country. A graduate of Bryn Mawr College, she holds a masters in international affairs from UC San Diego and a PhD in communication from Stanford University.



## **Nancy Goldberg, IAW, Rhoda Goldman Plaza**

Nancy Goldberg has been a long time advocate on issues from domestic violence to human trafficking. Nancy helped form the Jewish Coalition Against Human Trafficking. In 2009, the Coalition partnered with city government agencies to convene the first conference on anti-human trafficking in San Francisco. This resulted in the formation of the San Francisco Collaborative Against Human Trafficking, launched by then-Mayor Gavin Newsom, then-District Attorney Kamala Harris and co-chaired by Nancy. Nancy has also served as President of Jewish Family and Children's Services, California State Chair of the Jewish Public Affairs Committee, and served on the board of the Prison University Project at San Quentin Prison. She currently serves as President of the Rhoda Goldman Plaza, a celebrated assisted living facility in San Francisco.



## **Beverly Upton Executive Director, San Francisco Domestic Violence Consortium**

Beverly is the Executive Director of San Francisco Domestic Violence Consortium, a 17-member consortium of domestic violence organizations committed to effective direct services and public policy. She is a strong advocate working in collaboration with shelters, legal service providers and public policy agencies regarding sound integrated policies that close gaps and provide the best possible outcomes for battered women and their children. She also serves as a co-chair of the San Francisco Family Violence Council and was a delegate to the United Nations Commission on the Status of Women's 63rd session earlier this year. Beverly was honored to serve on the transition teams of both (then District Attorney) California State Senator Kamala Harris and San Francisco Mayor, London Breed. Before finding her “calling” in the movement to end domestic violence, Beverly worked with manufacturers in the US and India to formalize codes of conduct for garment producers. As a survivor of domestic violence she is honored to bring both her experience in the struggle for human rights and her commitment to end family violence to the movement for social change.



## **Antonia Lavine, NCJW-SF ED & IAW Treasurer**

Antonia Lavine is a lawyer with over 20-year experience in criminal prosecution, litigation and oversight. She holds Master of Laws degrees in International Legal Studies and United States Legal Studies from the San Francisco Golden Gate University School of Law. As a public prosecutor and criminal law expert in Europe, she specialized in law enforcement, justice reform and legislative action in the areas of child protection, human rights and combating organized crime. With law degrees in both the civil and common law legal systems, Antonia is consulted regularly for her comparative and international law expertise and has served on numerous governments, UN, and NGO-sponsored projects and panels. She has directly contributed to drafting various pieces of domestic and international legislation, including the European Convention on Action Against Trafficking in Human Beings, and served for several years as an appointed expert on the European Union's Group of Experts on Trafficking in Human Beings. In her current positions as Director of the San Francisco Collaborative Against Human Trafficking and Executive Director of the National Council of Jewish Women San Francisco, Antonia utilizes her legal expertise and project management skills in social justice reform and advocacy action. Antonia is also the Treasurer of the International Alliance of Women. For her work in fighting discrimination, violence and exploitation, Antonia has received the CEDAW Women's Human Rights Award and Award of Recognition for Outstanding Achievements in Cross-System Collaboration from the California Department of Social Services.



## **Kiyomi Ameriks, DO Child and Adolescent Psychiatrist**

Prior to becoming a child and adolescent psychiatrist, Kiyomi was a high school and middle school teacher. Kiyomi earned an M.Ed. at Xavier University focusing on gender equality in the classroom. Throughout her teaching career, she advocated for gender equity and single sex education and helped to establish an all-girls middle school. After 10 years in education, Kiyomi switched careers to become a physician. She completed her medical education at Touro University-College of Osteopathic Medicine, where she learned to holistically treat her patients. During medical school, Kiyomi saw a presentation on human trafficking and began raising awareness, advocating for justice, and supporting survivors of trafficking and trauma. She carried her commitment through her adult psychiatry residency and child and adolescent psychiatry fellowship at the University of Southern California. Kiyomi worked with patients who had been trafficked and focused on learning medication management and psychotherapies to support treating adult and children who experienced trauma. She volunteered at CAST-LA by providing training on PTSD. She researched ways to raise awareness around identifying and treating survivors of trafficking at the Los Angeles County Medical Center. After completing training, Kiyomi moved back to the Bay Area. Currently, she is the Medical Director of the San Francisco Autism Evaluation Center at Kaiser Permanente. She is a member of the Kaiser Permanente Child Abuse Services and Prevention Committee and continues her advocacy work through her involvement as a community member in SCAHT and raising awareness throughout Kaiser Permanente, Northern California.